

Being an Ally

Strategies for Solidarity

Presentation by:

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Safer Space Guidelines

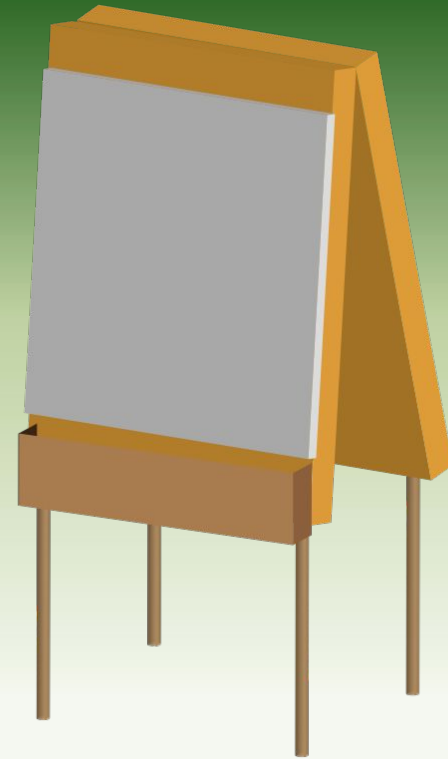
How are we going to ensure that this session is a safe and positive space for all of us here today?



Brainstorming...

1. What is an ally?

2. Roaming flipchart pages...

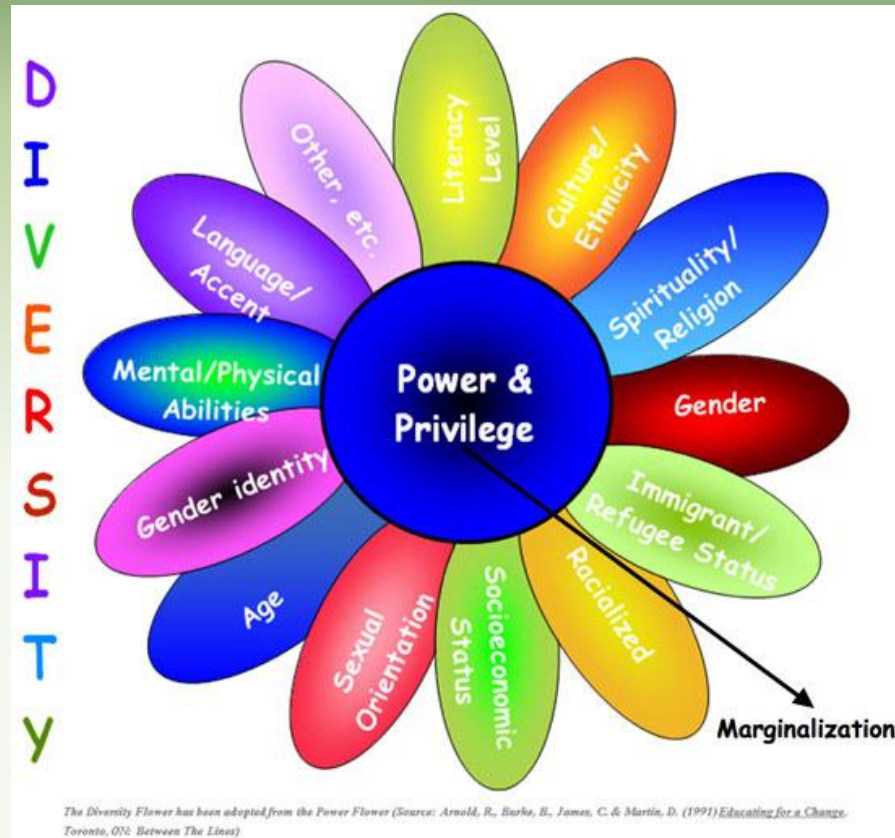


Key Terms

- Privilege
- Oppression
- Marginalization

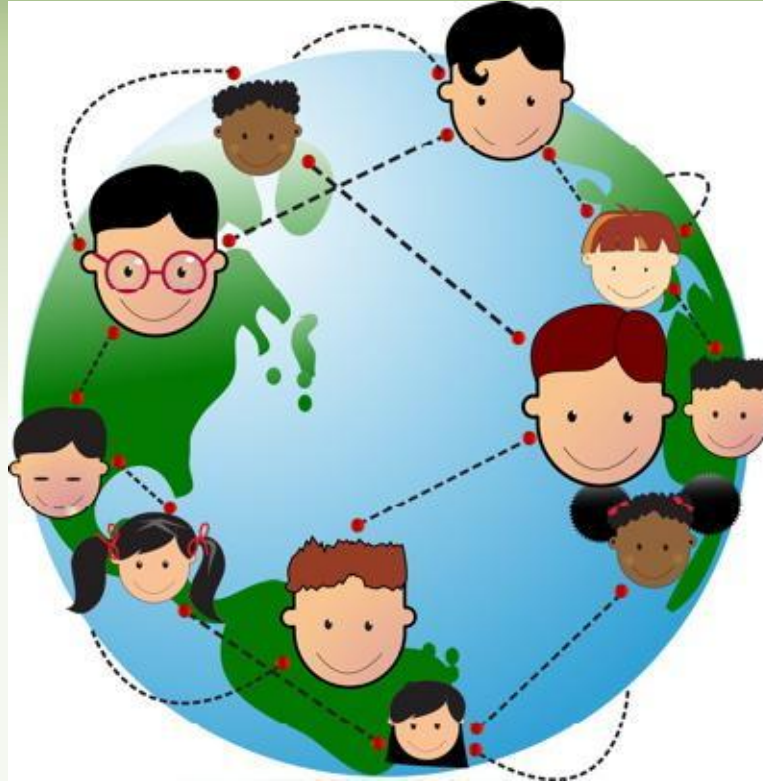
Circles of Power

Identifying Dominant and Non-Dominant Groups



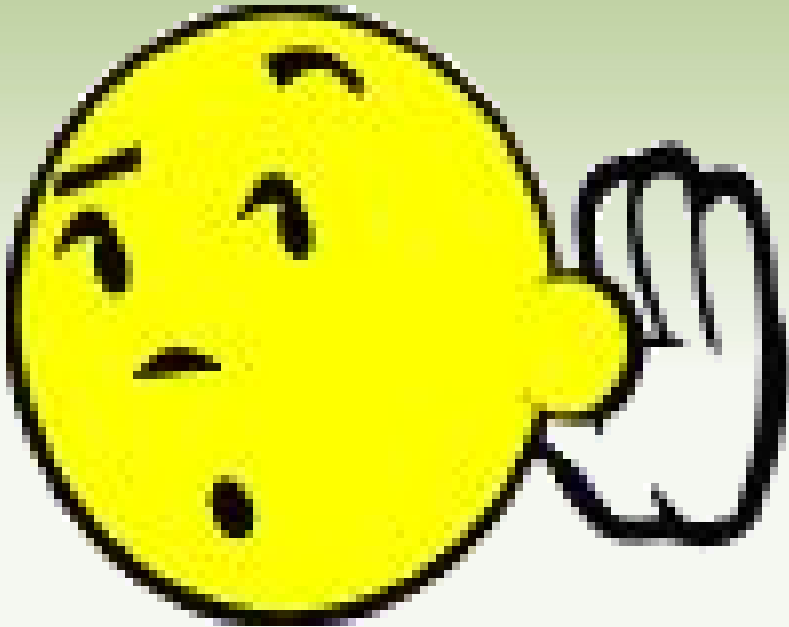
Connecting to Lived Experience

Silent Reflection Activity & Group Discussion



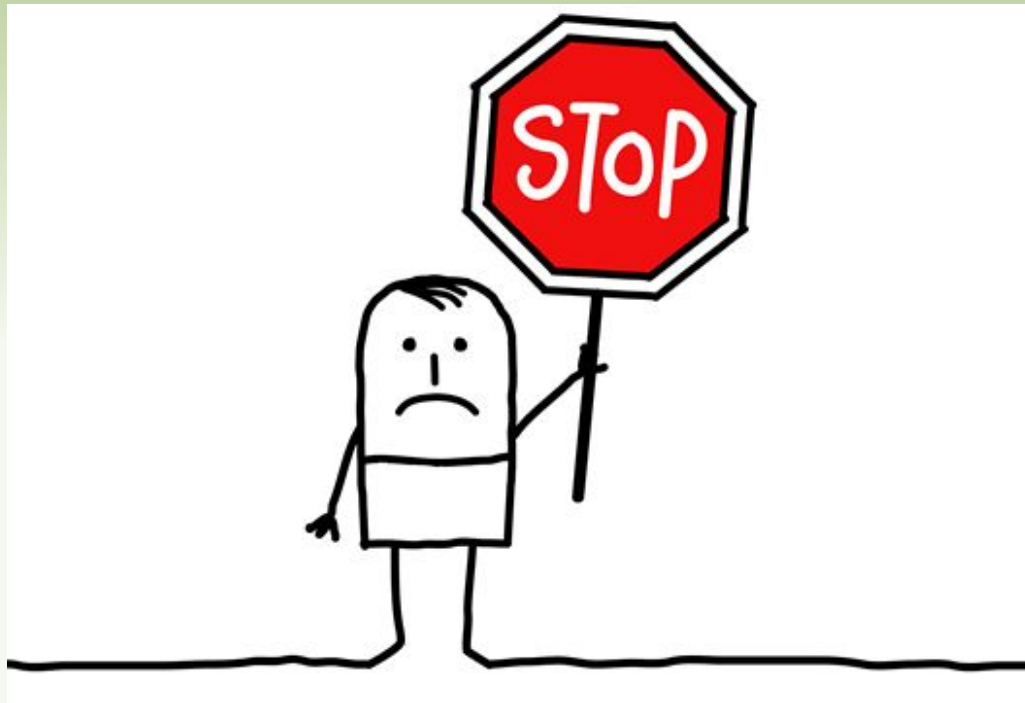
Receiving Feedback

Silent Reflection Activity



Challenging and Being Challenged

“Challenging Homophobia, Racism, and Other Oppressive Moments”



Exploring Our Own Biases and Limitations

Silent Reflection Activity



Setting Boundaries

Role Play & Discussion



Case Study

Role Play & Discussion



Self-Care & Community Care

Check-Out

1. What strategies came up for ways that we can and should support one another in our work and in our communities?
2. Name 1 thing you're going to do TONIGHT for self-care.



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Thank you for participating!

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